

# Grizzly Gazette

Meadow Point Elementary School

Meadow Point 720-886-8600 Attendance Line 720-886-8695 Weather Line 720-554-4701

#### **DATES TO REMEMBER**

Jan. 25 PASS Meeting 6-7pm

Jan. 26 1<sup>st</sup> Grade Play 2pm & 6:30pm

Jan. 27 CiCi's Pizza Night

Jan. 28 Bingo Night

Feb. 3 Chinese New Year

# In the event of inclement weather.

Please watch your local television channels, listen to the radio, or call the storm delay / closure hotline (720-554-4701) to learn this information. Late start time is 9:45.

# En caso de condiciones de tiempo severas.

Por Favor prenda su televisor o radio en su estación local o llame a la linea de horario modificado (720-554-4703) para enterarse de ésta información. El horario modificado empieza a las 9:45.

Dear Meadow Point Families,

Jan. 20, 2011

I hope all of you are enjoying the beginning of the new year. I am sure there will be some wonderful and exciting things that will happen with your children, family and yourself. One of the exciting things that is happening in the Cherry Creek School District that I would like to share with you is a wellness challenge for students, staff and parents called the Flat 14ers. Please read the following written by Janise McNally, our District Wellness Coordinator:

"The Flat 14ers is a fun, free program that the district is supporting in partnership with *America on the Move*. It is designated to kick start our New Year's resolutions, keep all of us active during the winter months and encourage small behavioral changes that benefit students, staff and families.

Colorado boasts 54 peaks with an altitude of 14,000 feet or higher, affectionately known in our state as "14ers." Through this Flat 14ers program, participants can use online tracking tools to track the steps they take each day or easily convert and log any other physical activity to "climb" virtual trails and see how many of Colorado's fifty-four 14,000 foot peaks they can conquer. We want to make it possible for "everyone to climb a mountain" and we want to get started together! Participants can then "summit" their climb and celebrate their accomplishments at the second annual Family Wellness Summit on April 9<sup>th</sup>, at Grandview High School. At the summit, certificates will be given to all participants and additional prizes for the school/buildings that take top place.

Through a grant from the Tri-County Health Department, we are able to provide every student that registers for the challenge with a free pedometer.

The Flat 14ers online registration system is user friendly and is a great tool for a number of reasons including that it automatically converts any other exercise you engage in into steps, and can even send email reminders and tips.

Flat 14ers Challenge Online Registration Process

- 1. Go to www.americaonthemove.org
- 2. Click "Join the Movement" and "Sign Up" to register for a free *America on the Move* account.

Hard copies of the logs and conversion sheets will be available in the front office for students to use as an alternative option to the electronic registration.

Let's Go Climb a Mountain,

John



We have **CSAP** testing in February and March. Please have your students here on time and well rested and with a good breakfast. Also, during this time, try not to schedule any appointments. **Testing dates are as follows:** 

3<sup>rd</sup> Grade – Feb. 23-Mar. 2 & Mar.8-18

4<sup>th</sup> Grade – Mar. 8-18

5<sup>th</sup> Grade – Mar. 8-18

A flyer will be coming home with your student with the times for each grade level.



#### Food Bank at Meadow Point

We would like to remind our parents that Meadow Point does have a Food Bank available for its families. Non-perishable items are available when needed. Donations are always accepted for the Food Bank. Ideas for donations include soups, macaroni and cheese, peanut butter, crackers, cereal, instant potatoes, spaghetti sauce, and pasta. To access the Food Bank, just give the office a call 720-886-8600.



#### **Jump Rope for Heart**

**Jump Rope for Heart** is a program that supports the American Heart Association. Information packets are being sent home with the students. Please read over the information and if your family chooses to participate, you may start collecting. You can also do fundraising on-line for this at **americanheart.org/jump**. Check out the website for more information. The event will be held during the February P.E. class and the money you raise is due back to Mrs. Slattery by February 25<sup>th</sup>.

## **School of Choice**

School of Choice applications for the 2011-12 school year are available in all schools and the District Admissions offices. The deadline for submitting your application is February 1, 2011. Forms must be fully completed before being submitted, and will then be date & time stamped by district staff as received. All transportation arrangements become the responsibility of the family choosing this option. Requests are approved based on available space with priority given to siblings of current students already attending that school and the children of district staff according to negotiated employee policies. Notification of acceptance or denial of the request will be sent from the schools to parents by March 15, 2011.

If your student is currently attending a School of Choice or IntraDistrict Transfer to the highest grade level, it is NOT necessary to complete a School of Choice application each year.

Non-Resident application will be available starting April 1, 2011.



#### **Kindergarten Roundup**

Pre-registration for children who are eligible for kindergarten enrollment in the Cherry Creek School District for 2011-2012 school year will begin Feb. 1, 2011. The East Admissions office is open Monday – Friday from 7:30 – 4pm. For registration please bring:

- Birth certificate 5 years old as of 10/1/2011
- Immunization Card
- Proof of Residency

Flyers will be available in the office for more information.



Tuesday, February 1st, 2011

### Loving Your Kids Enough To Let Them Make Mistakes

Some parents make the mistake of believing that children learn responsibility by being lectured about it. Love and Logic teaches that children become prepared for the real world only when their parents allow them to make plenty of affordable mistakes when the price tags of these mistakes are small.

Learn how to up the odds of raising a responsible, successful child.

Presented by Kerry Stutzman, MSW, Certified Love & Logic Instructor Kerry earned her Master's degree in social work (MSW) from DU in 1992 and her post-graduate certificate in marriage and family therapy at Denver Family Institute.

Kerry has also taught classes on marriage enrichment, divorce recovery for adults and kids, as well as, self-esteem and friendship groups for children. Kerry co-founded "Building Bridges for Peace," a non-profit organization that promotes peacemaking and diversity appreciation.

She is the adoring, mother of three boys who are 14, 12 and 7, and lives in metro Denver.

Plan ahead to take a little time out of your day or take a few hours off of work and come to connect with other parents, be informed by local and national speakers, and get empowered to take a proactive approach to parenting. All parents, school administrators and community members are welcome and encouraged to attend Parent Information Network (PIN) presentations.

Presentations are held the first Tuesday of each month from 9:15 am to 11:15 am At the Student Achievement Resource Center (SARC). Come at 9:00 for coffee.

**SARC** is located on Briarwood Avenue, south of Arapahoe between Potomac and Jordan Roads. (Address: 14188 Briarwood Avenue Centennial, 80112). For further information, <u>www.PINccsd.org</u>.

### MARK YOUR CALENDARS!

March 1<sup>st</sup> Technology & It's impact on Today's Families

April 5<sup>th</sup> Making a Difference; Cowboy Ethics in the Classroom